

HEAT STRESS LOG AND DATA SHEET

COURSE: _____	DATE: _____
START TIME: _____	STOP TIME: _____
SURVEY CONDUCTED BY: _____	
COMMANDING OFFICER (Signature)* _____	
DIRECTOR, FIRE SCHOOL (Signature)* _____	
FIELD SAFETY CHIEF (Signature)* _____	

LOCATION	TIME	DB (OF)	WB (OF)	GT (OF)	WBGT (OF)	WORK- LOAD	WORK/ REST REGIMEN	INT

* Signature required within 24 hours following a phone call or verbal notification when WBGT index reaches or exceeds 88OF

Note: 21C12 and 19F Series Firefighting Trainers automatically monitor and record WBGT index data in some trainer areas; a copy (with signatures) may be used in lieu of the Heat Stress Log and Data Sheet providing that the same information is available.

CNET 6260/2 (2-96)

PERMISSIBLE
HEAT EXPOSURE THRESHOLD LIMIT VALUES

	WORK LOAD		
WORK/REST REGIMEN	LIGHT	MODERATE	HEAV
100% work/0% rest per hr	86.0	80.0	77.0
75% work/25% rest per hr	87.0	82.4	78.6
50% work/50% rest per hr	89.0	84.9	82.2
25% work/75% rest per hr	90.0	88.0	86.0

NOTES:

1. Table values are in Fahrenheit, WBGT
2. Subtract 10 degrees fahrenheit from the WBGT TLV when personnel are wearing semi-permeable or impermeable clothing.